MBPD Retiree Newsletter

UNITY IS STRENGTH FOR A BETTER RETIREMENT



Sam's Corner - "A Collection of Disorganized Thoughts"

SEPTEMBER 2009 **ISSUE**

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First and foremost. I would like to publicly acknowledge and thank Ana Adler. Dean's lovely wife, for helping make the Miami Beach Retiree's Newsletter the success that it is today. Well, actually, that sort of sounds like a self serving statement because I'm the editor and to me, it's a success. I didn't start the concept; I just sort of took the ball and ran with it.

Each month, Ana takes in all of the stuff we send her and puts it together in an entertaining and professional manner, even adding in her own graphics and other "stuff" before sending it off to the printers. As

the end of the month nears, Ana and I are in constant contact with each other to ensure that you, the readers have a neat looking newsletter for your parakeets to read and poop on in their cages.

As if you all hadn't heard enough about the Police Olympics, here is some more stuff that came in during the month. Casev Conwell and Ed Avila wanted "ink" in this



Disorganized Thoughts....

month's newsletter so I'm going to give it to them. Casey e-mailed Ed to say that he returned to the Police after Olympics 36 years! He congratulated Eddie for winning a medal in the 60+ team group. I thought Eddie was 80+. Casey's partner Steve Barnes is 49 and they were in the 45-49 age group. They won a bronze with a 234. Casey said luck had a lot to do with it. I have absolutely no idea what game they were playing but I will have to say this, I don't know about Casey Conwell, but when it comes to Ed Avila, he needs all the luck he can get!

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VINNY'S BREAKFAST

attending, retirees attending were Al & Mimi Boza, Alan officer Pat Quinlan. Skolnick, Don Freeman,

On August 21, 2009 a Mike Bauer, Jack Mackie, breakfast was held at the Bobby Bauer, Billy 84 Diner with 15 people Rosenstein, Charlie Losey, Samuel Gam, Vinny Aprile, Wally Also retired firefighter Neumann, Kevin Graham, Tom Columbano, & active

Sam's Corner ...

We attended the combination Tommy, hope to see you and me there that I will be more than Doo Wop/Salsa concert at the Legacy perform again soon, glad to report in the future!

Goldcoast Ballroom in Coconut Creek on Saturday night the 15th of August and had a blast. Unfortunately there weren't a lot of



retirees there. Perhaps we didn't get the word out soon enough. It was the first time I saw my old partner Tommy Moran perform. He and his band "Legacy" were great! The Salsa band, "Sonido Cha" was also fantastic. When we walked into the ballroom, I felt as though I was walking into a high school prom in the 1950's.



Many of the dancers were part of a group of dancers in advanced classes at that ballroom, so they were very skilled and entertain- from me of course! ing to watch.

I personally can't dance worth a crap, but I did see Billy O'Neil and Eddie Santiago dancing (not with each other) and those guys can dance up a storm. I brought my girlfriend and she loves to even danced to one Salsa song

keep us posted on future performances.

eight month career and was and growing become a homicide detective, a great cook because I'm not. fly their helicopter, or join their SWAT team. I respectfully declined. All kidding aside, I really liked the town, the Chief, and my former colleagues. They're a great bunch of folks and I have nothing bad to say of them. I will miss them, especially my old There are some dishes such as boss, Lt. Glenn Hodges. Although he won't admit it, he practically runs that place and is actually a great boss. Learned it

North Bay Village PD seems to be a very laid back, easy going department. That doesn't mean that nothing happens there. Make no mistake, there is action in NBV from time to time and the cops do take care of business! I dance, so she had a great time; have been welcomed warmly there by everyone and I'm lookwith Ed Santiago. She had such a ing forward to my new "career". great time she dumped me for Of course, I will keep you posted good two days later. Yeah baby, on my progress. No doubt, it's true! Anyway, great job something goofy will happen to

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When I'm not patrolling the mean streets of North Bay Vil-As some of you know, my career lage or riding my motorcycle, I'll is on the move again. In early be enjoying some of my other August, I officially retired from hobbies. What are they you the Virginia Gardens Police De- asked? No, you probably didn't partment after a distinguished so I'm going to tell you! Cooking vegetables. I sworn in as a part time Officer at started taking an interest in North Bay Village. Although cooking several years ago, be-Virginia Gardens was sort of fore the Food Network became tiny; no bigger than a postage really popular. My interest in stamp, it offered ample opportu- cooking really grew when I nity for advancement, but no started buying cookbooks and pay. Chief Chohonis begged me watching cooking shows on TV. to stay, offering me a chance to I'm not going to brag and say I'm



chicken parmesan that I make really well. Some others? Let's just say I've had to throw away entire casseroles because they've come out of the oven a big watery mess. Ouch, that hurts!

Buddy Petit and I struck up a conversation at Kelly Reid's retirement party about cooking. Buddy has been described by some as a "gourmet cook". I don't know about that because I've never tried any of his stuff, but I'm sure it's true.

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Sam's Corner...

Buddy, like me, got a lot of his ideas from the Food Network. Buddy told me that he started to learn how to cook out of necessity. His girlfriend didn't know how to cook (oh Lord I hope she doesn't read this), so according to Buddy, it was either learn how show where the chef will be tellto cook for the both of them, or starve to death. Makes sense to me!

Just to give you an idea, when I stopped watching "Cops" and started watching the Food Network, I knew there had to be something I really liked about this cooking nonsense. My interest in cooking had nothing do with survival of course. In reality, if I stopped eating today, I would not be in any kind of danger of On my back patio, there are 10 malnourishment until at least the year 2013 due to my extensive herbs and vegetables. At the energy reserves.

The Food Network has all kinds of interesting cooking shows, and great recipes. There's a little something for everyone. Once in awhile though, I run across a



ing the audience that this dish or that dish is "easy and quick to make". Then he or she will start rattling off ingredients such as "Suez Canal articulated sea salt". or "Madagascar squirrel oil infused vintage paprika". I have no idea where to get this stuff, nor would I want to. If I can't find the ingredients at Publix, I ain't making the dish, I don't care how good they say it tastes!

large planters with a variety of current time, I am growing cucumbers, bell peppers, hot peppers, Marconi sweet banana peppers, poblano chilies, basil, oregano, rosemary, thyme, and parsley. I can't begin to tell you how satisfying it is to go out your

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back door and cut a fresh pepper off your plant, then use it in a dish 30 minutes later. Dang it, I'm a farmer!

Unfortunately, the only vegetable I've had a heck of a rough time growing successfully has been tomatoes. I did have a plum tomato plant some time back and was able to get a minimal harvest, but the labor necessary to maintain the plant was more than I was willing to endure. Sometimes it's just easier driving to the grocery store and buying tomatoes. They've got all you want there. Ok, I guess with that attitude I'm not much of a farmer after all, especially since I don't even have a tractor.

Sam Gam owes Buck Griscom an apology. Some time ago, Buck sent me a letter containing his of "disorganized version thoughts". Most of you should understand by now that I do have a habit of misplacing these things,

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www.CFBnetwork.com, Cops and Firefighters in Business, was formed in 2000 as a FREE referral network for Police Officers and Firefighters that own or operate businesses outside of their Public Service positions. The Network includes both active and retired members of our brotherhood, as well as their spouses. Law Enforcement Professionals include Police Officers, Deputies, Correction Officers and FBI Agents, etc.

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1-888-663-2677 or 954-838-0084 DEAN ADLER, Retired MBPD Police Officer, Founder of CFB Network.com

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By: Sam Gam

PETE AND LEE ANN GUTIERREZ

Lee Ann Gutierrez wrote in to let us know that she and her husband Peter are moving back to Florida from South Carolina. They are buying a house in Palm Coast, which is 30 miles Daytona north of Beach. They are looking for jobs, in case any retirees in the area have connections. They are also selling their house with 10 acres of land in South Carolina if anyone is interested. If you would like to contact them regarding these issues, please call them at 386-446-9906.

ANNUAL FEAST DAY OF SAINT MICHAEL

The Annual Feast Day of Saint Michael the Archangel, Patron Saint of Police Officers will be held at the St. Patrick Church, 3716 Garden Drive, Miami Beach at 1100 hours on Friday, September 25th.

This event will be hosted by the Reverend Monsignor John Vaughn, Pastor of St. Patrick Church and John Rivera, President of the Dade County Police Benevolent Association.

GERALD WOLFF

Nancy Wolff-Diaz wrote in to report that her father Gerry (former sworn Crime Scene Tech) is in poor health. He has been having falling. episodes and is currently undergoing testing. She further wrote that Gerry needs to go into a rehab facility but is experiencing trouble with the VA, doctors and private insurance companies. Gerry wanted his fellow retirees to know what is going on with him and in turn, wants to "stay in the loop". We will make sure that he is e-mailed all future newsletters. Nancy can be contacted at 305-951-0775. The e-mail address is: JandN12001@bellsouth.net

IMPORTANT MEDICAL NEWS!!

Charlie Seraydar explains the procedure for obtaining eyeglasses under the MBFOP Health Trust insurance plan. Go anywhere you want for glasses and pay the bill, no insurance forms. You are entitled to up to \$75.00 for an eye exam. You get up to \$200.00 for bi-focals, less for single lens, more for tri-focals. Mail the bill to: ADMINISTRATIVE SERVICES, 7990 SW 117 Ave. Suite 208, Miami, Florida, 33183. If you mail, mail a *copy* of the bill only. You can also fax the bill to the attention of Maria Mulet at 305-596-6820. If you have any questions, call Maria at 305-595-4040, Ext. 1080.

Gary Kluger, the Chairman of the Miami Beach FOP Health Trust reminds everyone that the MBFOP Insurance Trust Fund is not and has never been a city plan. It is an FOP Police Union insurance plan. You must be a member of the Health Trust in good standing to use the fund. If you obtain your eye exam and glasses and submit your bill to ASI and you are <u>not</u> a member,

THE BILL WILL NOT BE PAID OR REIMBURSED.

BOBBY JENKINS wanted everyone to know that he has just been appointed by FOP President

Alex Bello to the Board of the Miami Beach FOP Health Trust as the RETIREE'S REPRESENTATIVE.

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Sam's Corner...

although I have improved dramatically in the last couple of months. I was afraid to call Buck and tell him that I misplaced his letter. What can I tell you, I'm afraid of Buck. Fortunately, a stroke of luck occurred and I was sent another letter which I keep in a safe deposit box. A copy is sitting next to me.

Perhaps over the next few months, I will be including some of Buck's short stories in my column. The key word of course being "some". I suspect some of the stories in his letters are based on incidents for which the "statute of limitations" has not quite run. That's why the letter is kept in a safe deposit box. Just kidding!

Buck wrote that humor is good for the soul, and that it seems to be my "only talent". I don't know quite how to take that; but, ok, thanks for the compliment? Buck said that he always preferred being called a "cop" rather than a "law enforcement officer." His personal acronym for cop is "champions of people", which he said is exactly what good cops are, or were at one time.

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Buck went on to say that at his age, which, if I'm not mistaken is somewhere around 34, he had to hurry up get this stuff off his chest, or it would be "tales from the crypt", or "tales from a large ash tray". So, next month, look for some interesting short stories from the cerebral archives of Buck Griscom, And Buck, if you're reading this... Don't be mad, and send me some more stuff. Until next month, keep your eyes on the Weather Channel, because hurricane season is in full bloom. Stay safe!

"I was afraid to call
Buck and tell him
that I misplaced his
letter. What can I tell
you, I'm afraid of
Buck."



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SEPTEMBER 2009 NEWSLETTER EXCLUSIVE! MOUNTAIN LUNCHEON WAS AWESOME

By Fred Wooldridge

When Reid, Jim Burnette and Ga., Alan milling degrees with hardly a Waynesville. cloud in the sky. It would be another beautiful day in our mountain town. Each year, retirees from the Miami Beach Police Department meet in the Highlands area for our annual "Lunch at 4000 Feet" get-together.

Doug, known as the bar- and distance away in Murphy. As last year, Jim and Lisa came all the way from Pembroke Pines. FL, and are, again, touring the country and campin' out. Nice life, huh?

Slowly, the parking lot filled with cars and all these really old men, many with much younger looking wives, got out, claiming they were retired Miami Beach cops. It ain't fair that men get

at the Rib Shack Restau- got old but me? There they will. rant in Highlands, NC, a was Jerry and Julie Milliwhole half hour early, we can from nearby Frankweren't surprised that the lin, NC, Nick and Paula usual suspects, Doug DiMartino from Suches, and Lisa Newland, were al- Seres from Fair Play, around SC. Then there was late waiting for others to ar- arrival (as usual) Gene rive. The temperature "The Phantom" Toreky had just turned seventy with Cathy in tow from

who drove a long way to wife, Donna, still works. be with us for this special luncheon, Jack & Donna Krolak came from Trenton, FL; Bill Maxwell from Tallahassee, FI; Sam. The Man, Gam from Sunrise brought his Doug pointed at our new nephew, Alex, from Mi-Honda Fit and laughed, ami. I asked where Bill offering us a parking spot Godfrey was since he in the bed of his truck, was supposed to come Sam sheepishly b-q man, lives a short looked at me and said, "Don't ask." I didn't.

> Last, but far from least, was Jim and Gail Corbett, from Palm Bay, Fl. love it?

By twelve thirty, twenty folks filled the booths at the Rib Shack restaurant and the chatter began. A short distance away, in a nearby booth, several Highlands' police officers looked on, wondering if

pulled into the parking lot And how come everyone when they retired. Ha, shore!

what he did last year motor home and love And kudos to the retirees Like Seres, nothing. His traveling



Lunch at The Highlands

I think this might be Jim's Jack and Donna bought when some of us retired third luncheon with us in a new camper and will over twenty years ago, the mountains. Don't ja travel next month to bringing me back to real-Maggie Valley for a vaca- ity. He works for FedEx tion. Vacation? Retire- in Miami. No grass growment is a permanent va- ing under Sam's feet. cation. Bill Maxwell, who Apparently he's busier just retired last year, en- now than when he had a joys line and country real job. dancing. He and honey just get in their car and go. Next, they're

Maddy and I old and women don't they would look that old heading for the Jersey

Doug Reid still enjoys fly Alan Seres announced fishing and rating/judging he was doing what retir- bar-b-g-restaurants. He ees are supposed to now brags he has sixdo....nothing. Then he teen different restaurants corrected himself by tell- on his list. I asked him if ing us he occasionally he would rate the Rib works in a liquor store for Shack and he smiled and extra spending money. said, "We don't do fast Jack Krolak announced food." Jim Burnett and he was doing exactly wife, Lisa, still have their the country. This vear. after the they were luncheon,

> headed for Murphy for a month or so, then on to Lake Chatuge for another month. They'll spend the entire summer up in the mountains because they can't stand the summers in Florida anymore.

> Sam Gam brought his nephew, Alex, along as our official photographer. Alex announced he was

only three years old

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MOUNTAIN LUNCHEON WAS AWESOME Continued from pg.6

He just hired on as a part timer for the North Bay Village PD. After the chief hired him, Sam informed him he was taking a week vacation in North Carolina. Is that funny, or what?

For Jerry and Julie Millican, it's same ole, same ole. She still works for the local hospital and the two are just enjoying their retirement. Nick DiMartino got called out of retirement to drive a bus to transport one of his grandkids. Nick's ticker acted up last September and he had to spend a day in the hospital, but doing fine ever since.

Gene Toreky and Cathy announced they now will

spend their winters in Naples, Fl. They can't take the winters any longer and he got an awesome deal in Naples. They are now official "snowbirds."

An hour later, everyone's fingers were caked with bar-b-q sauce and rolls of paper towels were being ripped from their rolls at the end of each table. Strawberry shortcake seemed to be the favorite dessert of the day. I didn't indulge but it looked delicious. Everyone said they loved the food and the manager, Mike Warner, allowed us to sit and chat for as long as we desired.

After several group pictures, we again hugged, shook hands and said our goodbyes for another year, everyone

grateful they had made it through some of the most dangerous times Miami Beach had ever experienced.



Lunch at The Highlands

TOUR de FORCE MEMORIAL BIKE RIDE

Joan Donnelly's husband, Oldy Ochoa, and the Miami Beach Police Bicycle Team will join other police officers from around the country in the annual "Tour de Force Memorial Bike Ride." The Tour de Force is a 501c3 charity which raises funds for families of police officers killed in the line of duty nationwide.

This annual 4 day ride will kick of this year in Boston on September 11th, and travel through Massachusetts, Connecticut, Long Island and end at Ground Zero in New York City. They will ride a total of 250 miles. More than 150 Police Officers are expected to ride this year.





Their website is: http://www.tourdeforceny.com.

Each rider must raise \$1,000 to participate. MBPD has 12 riders and currently needs \$4,000 to complete the team total. Any amount you could donate would be greatly appreciated. If any of you wish to donate to assist an MBPD Officer in this great event, please make your checks payable to "Tour de Force NY" and mail to Bernie Ruder c/o MBPD, 1100 Washington Ave. Miami Beach, FL 33139.

Warmest regards!

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A Necessary End: A Katie Maguire novel

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